



Undergarment Size Chart

| Men's Undergarment Sizing (Imperial) | | | | | | |
|---|----------------|--------------|------------|------------|-------------|-----------|
| Size | Height (ft in) | Weight (lbs) | Waist (in) | Chest (in) | Inseam (in) | Hips (in) |
| SM | 5' 6" - 5' 9" | 135 - 155 | 28 - 31 | 34 - 37 | 27 - 29 | 34 - 37 |
| MD | 5' 7" - 5' 11" | 150 - 175 | 29 - 33 | 37 - 39 | 28 - 30 | 35 - 39 |
| LG | 6' - 6' 2" | 185 - 210 | 34 - 37 | 40 - 44 | 30 - 32 | 40 - 44 |
| XL | 6' 2" - 6' 4" | 187 - 193 | 37 - 40 | 42 - 46 | 31 - 33 | 43 - 47 |
| XXL | 6' 3" - 6' 5" | 190 - 196 | 39 - 43 | 44 - 48 | 32 - 34 | 45 - 49 |
| XXXL | 6' 5" - 6' 7" | 195 - 202 | 45 - 48 | 48 - 52 | 34 - 38 | 49 - 53 |

| Women's Undergarment Sizing (Imperial) | | | | | | |
|---|----------------|--------------|------------|-----------|-------------|-----------|
| Size | Height (ft in) | Weight (lbs) | Waist (in) | Bust (in) | Inseam (in) | Hips (in) |
| SM | 5' 2" - 5' 5" | 90 - 115 | 23 - 26 | 32 - 35 | 27 - 29 | 33 - 37 |
| MD | 5' 4" - 5' 8" | 110 - 135 | 25 - 28 | 34 - 37 | 28 - 30 | 35 - 39 |
| LG | 5' 8" - 5' 11" | 145 - 170 | 28 - 32 | 38 - 41 | 30 - 32 | 38 - 42 |
| XL | 5' 9" - 6' | 160 - 185 | 29 - 34 | 40 - 43 | 31 - 33 | 39 - 44 |
| XXL | 5' 9" 6' | 175 - 200 | 31 - 36 | 42 - 45 | 31 - 33 | 41 - 46 |

| Men's Undergarment Sizing (Metric) | | | | | | |
|---|-------------|-------------|------------|------------|-------------|-----------|
| Size | Height (cm) | Weight (kg) | Waist (cm) | Chest (cm) | Inseam (cm) | Hips (cm) |
| SM | 167 - 175 | 61 - 70 | 70 - 78 | 86 - 94 | 68 - 73 | 86 - 94 |
| MD | 170 - 180 | 68 - 80 | 73 - 83 | 94 - 99 | 71 - 76 | 89 - 99 |
| LG | 183 - 188 | 84 - 96 | 86 - 94 | 101 - 111 | 76 - 81 | 101 - 111 |
| XL | 187 - 193 | 96 - 109 | 94 - 101 | 106 - 116 | 74 - 84 | 109 - 119 |
| XXL | 190 - 196 | 107 - 121 | 98 - 109 | 111 - 121 | 81 - 86 | 114 - 124 |
| XXXL | 195 - 202 | 118 - 132 | 114 - 121 | 121 - 132 | 86 - 96 | 124 - 134 |

| Women's Undergarment Sizing (Metric) | | | | | | |
|---|-------------|-------------|------------|-----------|-------------|-----------|
| Size | Height (cm) | Weight (kg) | Waist (cm) | Bust (cm) | Inseam (cm) | Hips (cm) |
| SM | 157 - 165 | 41 - 52 | 59 - 66 | 81 - 88 | 68 - 73 | 84 - 93 |
| MD | 165 - 172 | 49 - 61 | 63 - 71 | 86 - 94 | 71 - 75 | 89 - 99 |
| LG | 172 - 180 | 66 - 78 | 71 - 81 | 96 - 104 | 76 - 81 | 96 - 106 |
| XL | 175 - 182 | 72 - 84 | 73 - 86 | 101 - 109 | 79 - 84 | 99 - 111 |
| XXL | 175 - 182 | 80 - 92 | 78 - 91 | 106 - 114 | 79 - 84 | 104 - 116 |